



## **Regulations for the Scientific Abstract Session during the European Lifestyle Medicine Council Symposium May 9/10<sup>th</sup> 2026**

Organizer: ELMC and CroLMA (Croatian Lifestyle Medicine Association)

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These Regulations define the rules governing the submission, evaluation and presentation of scientific posters during the European Lifestyle Medicine Council Symposium 2026.

### **1. General provisions**

1. Participation in the poster session is open to professionals, researchers and students working in the field of Lifestyle Medicine or related disciplines.
2. Submission of an abstract constitutes acceptance of these Regulations.
3. Participation in the poster session requires prior registration for the ELMC Symposium and payment of the applicable registration fee.
4. At least one author of each accepted poster must be registered for the Symposium.
5. All abstracts and posters must be submitted and prepared in English.
6. The Organiser reserves the right to amend these Regulations where necessary for organisational reasons.

### **2. Poster submissions**

1. Posters submitted for the Symposium should relate to the theme: “Lifestyle Medicine – current trends and challenges.”
2. Posters must be submitted in electronic format for review purposes.
3. Abstracts and posters must be submitted in English only.
4. The Organizer reserves the right to reject submissions that do not meet basic linguistic standards.
5. The poster should be prepared as: PDF file, A2 format, portrait orientation.
6. Submissions must include a completed abstract submission form containing: title of the work, names and affiliations of authors, contact details of the presenting author.
7. Poster submissions must be sent by e-mail to [wojciech.zgliczynski2@cmkp.edu.pl](mailto:wojciech.zgliczynski2@cmkp.edu.pl) and [ikolcic@mefst.hr](mailto:ikolcic@mefst.hr), no later than 24 April 2026.
8. The Scientific Committee reserves the right to accept or reject submitted abstracts and posters. The Committee’s decision is final.
9. The Organizer reserves the right to request minor revisions prior to final acceptance.



### 3. Poster presentation

1. The postersession will be held in a traditional format during the Symposium.
2. Posters should be printed by the authors and brought to the Symposium venue.
3. The maximum poster size is A2 (portrait orientation). Posters exceeding this size may not be displayed.
4. Posters will be displayed in designated poster areas throughout the Symposium.
5. No formal oral poster presentations are planned. Posters will be presented in a static format and may be viewed by participants during the Symposium.
6. Authors are responsible for installing and removing their posters according to the schedule provided by the Organiser.
7. Poster boards and fixing materials will be provided by the Organiser.
8. In addition to the physical display, the Organiser may make posters available in electronic form via the Symposium website or digital platform.
9. Each participant may present a maximum of two posters, unless otherwise approved by the Scientific Committee.

### 4. Ethical standards

1. Research involving human participants must comply with applicable ethical standards and relevant regulations.
2. Where required, research must have received approval from an appropriate ethics committee or institutional review board.
3. By submitting an abstract, authors confirm that the research complies with ethical standards and that all necessary approvals have been obtained.
4. The Scientific Committee may request documentation confirming ethical approval.

### 5. Authorship and conflict of interest

1. All listed authors must have made a substantial contribution to the work.
2. The submitting author confirms that all co-authors have reviewed and approved the submitted abstract and poster.
3. Authors must disclose any potential conflicts of interest related to the submitted work.

### 6. Poster awards

1. The Scientific Committee may award prizes for the best posters presented during the Symposium.
2. Posters may be evaluated based on scientific quality, relevance to Lifestyle Medicine, originality and clarity of presentation.
3. Details regarding the evaluation procedure and the number of awards will be communicated by the Organiser prior to the Symposium.



#### 7. Copyright and publication

1. By submitting a poster, authors grant the Organiser a non-exclusive right to publish and disseminate the abstract and poster for scientific, educational and promotional purposes related to the Symposium.
2. Posters may be made publicly available on the ELMC website or in Symposium materials.
3. Accepted abstracts may be published in the Symposium abstract book and other conference materials, in printed and/or electronic form.
4. Submission of participation constitutes consent to the use of photographs or recordings taken during the Symposium for informational and promotional purposes.

#### 8. Liability

1. Participants are obliged to comply with the rules of the Symposium venue, including safety and fire regulations.
2. Participants are responsible for any damage caused by them during the Symposium.
3. The Organiser is not responsible for loss, damage or theft of participants' personal belongings.

#### 9. Force majeure

1. In circumstances beyond the Organiser's control, including force majeure events, the Organiser reserves the right to cancel, postpone or change the venue or format of the Symposium.
2. Participants will be informed about such changes via the ELMC website and by e-mail where possible.

#### 10. Final provisions

1. Matters not covered by these Regulations shall be governed by the applicable provisions of Croatian law.
2. Any disputes arising in connection with the implementation of these Regulations shall be resolved by the court having jurisdiction over the Organiser.



## European Lifestyle Medicine Council – SCIENTIFIC SESSION

### Submission Form

Please send the electronically completed form to:

[wojciech.zgliczynski2@cmkp.edu.pl](mailto:wojciech.zgliczynski2@cmkp.edu.pl)

[ikolcic@mefst.hr](mailto:ikolcic@mefst.hr)

#### **Participant details:**

First name:

Last name:

Institution (address):

Submitter's email address:

Authors with affiliations:

Corresponding author's email address:

Introduction (max. 900 characters including spaces)

Study objective (max. 300 characters including spaces)

Materials and methods (max. 600 characters including spaces)

Results (max. 600 characters including spaces)

Conclusions (max. 400 characters including spaces)

**Keywords:** at least 3

**Note:** Submission of the work implies consent to the review process.